



Fredericton and Upper River Valley | Community Resources

| SERVICE | LOCATION | CONTACT |
|---------------------------------------|--|---|
| <p>BREAST CANCER SCREENING</p> | <p>The program encourages women between the ages of 50-74 to be screened every two years at one of the 16 mammography sites across the province.</p> <p>Women residing in NB who are 50 - 74 years of age and have no signs, symptoms or previous diagnosis of breast cancer can self-refer to breast cancer screening by contacting one of the screening sites. Women aged 40-49 or over 74 who have no signs, symptoms or previous diagnosis of breast cancer require a referral from a primary health-care provider.</p> <p>Breast cancer screening services are offered at a number of facilities:</p> | <p>Breast Cancer Screening Program Hospital Hotel-Dieu of St. Joseph</p> <p>Perth-Andover Local: 506-273-7181</p> <p>Breast Cancer Screening Program Upper River Valley Hospital</p> <p>Waterville Toll free: 1-800-656-7575</p> <p>Breast Cancer Screening Program, Oromocto Public Hospital</p> <p>Oromocto Local: 506-357-4747</p> |

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| CERVICAL CANCER SCREENING | <p>Who can access this program?</p> <p>Screening for cervical cancer using Pap tests are recommended for NB women aged 21-69 who have ever been sexually active with a partner of either gender:</p> <ul style="list-style-type: none"> - Even after menopause (no longer having periods) - Even after having the HPV vaccine. <p>Contact your primary health-care provider to discuss cervical cancer screening.</p> | |
| | Boiestown Health Centre | Boiestown Local: 506-369-2700 |
| | Brunswick Community Health Clinic | Fredericton Local: 506-452-6383 |
| | Central Miramichi Community Health Centre | Doaktown Local: 506-365-6100 |
| | CFB Gagetown Medical Clinic | Gagetown, Oromocto Local: 506-422-2000 #3270 |
| | Fredericton Junction Health Centre | Fredericton Junction Local: 506-368-6501 |
| | Harvey Health Centre | Harvey Local: 506-366-6400 |
| | Hotel Dieu St. Joseph | Perth-Andover Local: 506-273-7100 |
| | Kingsclear First Nation Health and Wellness Centre Services available for First Nations population | 77 French Village Road Kingsclear First Nation Local: 506-363-4001 |
| | MacLean Health Centre | McAdam Local: 506-784-6300 |
| Oromocto Public Hospital | Oromocto Local: 506-357-4700 | |
| Perth Medical Clinic | Perth-Andover Local: 506-273-3300 506-273-3854 | |

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| | Queens North Community Health Centre W.G Bishop Nursing Home | Minto Local: 506-327-7800 |
| | Stanley Health Centre | Stanley Local: 506-367-7730 |
| | Tobique Valley Community Health Centre | Plaster Rock Local: 506-356-6600 |
| | University of New Brunswick Student Health Centre Services available to full-time students | Fredericton Local: 506-453-4837 |
| | Upper River Valley Hospital | Waterville Local: 506-375-5900 |
| DIAGNOSTIC MAMMOGRAPHY | Dr. Everett Chalmers Regional Hospital | Fredericton Local: 506-452-5400 |
| INFORMATION & RESOURCES | Canadian Cancer Society Western District Office | Fredericton Toll free: 1-800-455-9090 Local: 506-453-1551 ccsnb@nb.cancer.ca www.cancer.ca |
| | Ovarian Cancer Canada Offers comprehensive guides: "By your side" and "Still by your side" to support and inform women who have been diagnosed with ovarian cancer. | New Brunswick Toll free: 1-877-413-7970 www.ovariancanada.org |
| | The Purple Violet Kit New Brunswick Breast & Women's Cancer Partnership | Local: 506-632-5620 |
| | York Library Region Head of Reference Services | Stephanie Furrow Local: 506-460-2800 Fax: 506-460-2801 www.gnb.ca/publiclibraries |

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| COUNSELING | Oncology Service, Area 3 -Nursing (Clinical Nurse Specialist, Oncology/Breast Health Navigator) -Psychology -Social Work | Local: 506-452-5026 |
| RADIOTHERAPY | Atlantic Health Sciences Cancer Centre | Saint John Local: 506-648-6887 www.ahsc.health.nb.ca |
| | Dr. Léon Richard Oncology Centre | Moncton Local: 506-862-4025 www.beausejour-nb.ca |
| CHEMOTHERAPY | Dr. Everett Chalmers Regional Hospital | Fredericton Local: 506-452-5026 |
| | Hotel-Dieu of St. Joseph | Perth-Andover Local: 506-273-7178 |
| | Upper River Valley Hospital | Waterville Local: 506-375-2548 |
| ACCOMMODATIONS | Canadian Cancer Society (Listing of discounted Accommodations) | New Brunswick Toll free: 1-800-455-9090 |
| EQUIPMENT/PROSTHESIS & COMPRESSION SLEEVES | Varied businesses have equipment/prostheses/specialized clothing. Contact the local oncology clinic for more information. | |
| | Canadian Cancer Society Western District Office (temporary breast prostheses) | Fredericton Local: 506-453-1551 |
| FINANCIAL SUPPORT | Canadian Cancer Society Western District Office | Fredericton Local: 506-453-1551 |

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| HOME CARE/HOME SUPPORT | BayShore | Toll free: 1 -866-227-3443 Local: 506-458-9934 |
| | ComCare Health Service | Toll free: 1-877-451-1303 Local: 506-451-1303 |
| | Extra Mural Program | Local: 506-452-5800 |
| PAIN & SYMPTOMS MANAGEMENT | Oncology Clinic (for patients under the care of an oncologist) | Local: 506-452-5026 |
| | Regional Palliative Care Service | Local: 506-452-5400 |
| NUTRITION | Oncology Dietician (For patients who are actively receiving systemic cancer therapy and/or radiotherapy) | Local: 506-452-5026 |
| REHABILITATION | Cancer Rehabilitation & Support Team Program (CReST) (The program focuses on reactivation skills, life skills, nutrition related services, exercise related services, and employment restoration.) | Toll free: 1-855-860-7896 www.cbi.ca |
| RESPITE | BayShore | Toll free: 1 -866-227-3443 Local: 506-458-9934 |
| | Hospice Fredericton | Fredericton Local: 506-472-8185 support@hospicefredericton.ca |
| CANCER SUPPORT GROUPS | Breast Cancer Survivors | Eleanor McCloskey Fredericton Local: 506-460-1019 www.cbcn.ca |

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|-----------------|---|--|
| | Canadian Cancer Society Information and Support | Toll free: 1-888-939-3333 info@cis.cancer.ca www.cancer.ca |
| SURGERY | Dr. Everett Chalmers Regional Hospital | Fredericton Local: 506-452-5400 |
| | Hotel-Dieu of St. Joseph | Perth-Andover Local: 506-273-7100 |
| | Upper River Valley Hospital | Waterville Local: 506-375-5900 |
| TRANSPORTATION | Canadian Cancer Society, Western District Office, Travel Assistance Program | Fredericton Local: 506-453-1551 |
| WIGS & HEADWEAR | Canadian Cancer Society Western District Office (wigs & headwear) | Fredericton Local: 506-453-1551 |