



## Saint John | Community Resources

| SERVICE                        | LOCATION   | CONTACT   |
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| <b>BREAST CANCER SCREENING</b> | <p>The program encourages women between the ages of 50-74 to be screened every two years at one of the <a href="#">16 mammography sites</a> across the province.</p> <p>Women residing in NB who are 50 - 74 years of age and have no signs, symptoms or previous diagnosis of breast cancer can self-refer to breast cancer screening by contacting one of the screening sites. Women aged 40-49 or over 74 who have no signs, symptoms or previous diagnosis of breast cancer require a referral from a primary health-care provider.</p> <p>Breast cancer screening services are offered at a number of facilities:</p> |   |
|                                | <p>Breast Cancer Screening Service<br/>St. Joseph's Hospital<br/>(Mammograms)</p>  | <p>Saint John<br/>Local: 506-632-5566</p>   |
|                                | <p>Charlotte County Hospital<br/>Diagnostic Imaging<br/>Department (Mammograms)</p>  | <p>St. Stephen<br/>Local: 506-465-4450<br/><a href="http://www.cbcn.ca">www.cbcn.ca</a></p> |
|                                | <p>St. Joseph's Women's Health Centre</p>  | <p>Saint John<br/>Local: 506-632-5700<br/><a href="http://www.cbcn.ca">www.cbcn.ca</a></p>  |
|                                | <p>Sussex Health Centre</p>  | <p>Sussex<br/>Local: 506-432-3225</p>   |

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| <b>CERVICAL CANCER SCREENING</b> | <p>Who can access this program?</p> <p>Screening for cervical cancer using Pap tests are recommended for NB women aged 21-69 who have ever been sexually active with a partner of either gender:</p> <ul style="list-style-type: none"> <li>- Even after menopause (no longer having periods)</li> <li>- Even after having the HPV vaccine.</li> </ul> <p>Contact your primary health-care provider to discuss cervical cancer screening.</p> |                                       |
|                                  | Campobello Health Centre<br>(Services only available to patients without a family doctor)   | Welshpool<br>Local: 506-752-4100      |
|                                  | Charlotte County Hospital   | St. Stephen<br>Local: 506-465-4444    |
|                                  | Deer Island Health Centre   | Fairhaven<br>Local: 506-747-4150      |
|                                  | Fundy Health Centre   | Blacks Harbour<br>Local: 506-456-4200 |
|                                  | Grand Manan Medical Centre  | Grand Manan<br>Local: 506-662-4060    |
|                                  | H.O.P.E Wellness Centre   | Saint John<br>Local: 506-632-5695     |
|                                  | Market Place Wellness Centre  | Saint John<br>Local: 506-674-4335     |
|                                  | Médisanté<br>Ecole Samuel-de-Champlain<br>(Services offered to patients or students of École Samuel-de-Champlain)   | Saint John<br>Local: 506-648-8020     |
|                                  | St. Joseph's Hospital   | Saint John<br>Local: 506-632-5454     |
| Sussex Health Centre             | Sussex<br>Local: 506-432-3100   |                                       |

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|                            | UNBSJ Student Health Centre<br>(Services available for full-time students)   | Saint John<br>Local: 506-648-5656  |
| DIAGNOSTIC<br>MAMMOGRAPHY  | Charlotte County Hospital  | St. Stephen<br>Local: 506-465-4450   |
|                            | Sussex Health Center   | Sussex<br>Local: 506-432-3225  |
|                            | Women's Health Centre,<br>St. Joseph's Hospital  | Saint John<br>Local: 506-632-5566  |
| INFORMATION &<br>RESOURCES | Canadian Cancer Society<br>South District  | Saint John<br>Toll free: 1-800-455-9090<br>Local: 506-634-6272<br><a href="mailto:ccsnb@nb.cancer.ca">ccsnb@nb.cancer.ca</a><br><a href="http://www.cancer.ca">www.cancer.ca</a> |
|                            | Ovarian Cancer Canada<br>Offers comprehensive guides:<br>"By your side" and "Still by<br>your side" to support and<br>inform women who have been<br>diagnosed with ovarian cancer. | New Brunswick<br><br>Toll free: 1-877-413-7970<br><a href="http://www.ovariancanada.org">www.ovariancanada.org</a>   |
|                            | Saint John Public Library<br>Head of Reference Services  | Saint John<br>Local: 506-643-7220<br>Fax: 506-643-7225<br><a href="http://www2.gnb.ca/content/gnb/en/departments/nbpl.html">www2.gnb.ca/content/gnb/en/departments/nbpl.html</a> |
|                            | The Purple Violet Kit<br>New Brunswick Breast &<br>Women's Cancer Partnership  | Saint John<br>Local: 506-632-5620<br><a href="mailto:nbwomenscancer@gmail.com">nbwomenscancer@gmail.com</a>  |
| COUNSELING                 | Intimacy and Sexual Counselor  | Diana Leitch<br>Saint John<br>Local: 506-647-2463  |

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| RADIOTHERAPY                                     | Dr. Léon Richard<br>Oncology Centre  | Moncton<br>Local: 506-862-4025<br><a href="http://www.beausejour-nb.ca">www.beausejour-nb.ca</a>      |
|  | Saint John Regional Hospital<br>Oncology Department  | Saint John<br>Local: 506-648-6887<br><a href="http://www.ahsc.health.nb.ca">www.ahsc.health.nb.ca</a> |
| CHEMOTHERAPY                                     | Oncology Department<br>Saint John Regional Hospital  | Saint John<br>Local: 506-648-6884   |
|  | Oncology Outreach Sussex   | Sussex<br>Local: 506-432-3110   |
|  | Oncology Outreach,<br>Charlotte County Hospital  | St. Stephen<br>Local: 506-465-4733  |
| ACCOMMODATIONS                                   | Canadian Cancer Society<br>(Listing of discounted<br>Accommodations)   | New Brunswick<br><br>Toll free: 1-800-455-9090  |
| EQUIPMENT/PROSTHESIS<br>& COMPRESSION<br>SLEEVES | Varied businesses have equipment/prostheses/specialized clothing.<br>Contact the local oncology clinic for more information. |   |
|  | Canadian Cancer Society,<br>Southern District Office   | Saint John<br>Local: 506-634-6272   |
|  | Complete Sense Salon & Day<br>Spa  | Shelley Doyle<br>Sussex<br>Local: 506-432-3602  |
|  | Guardian Drugs   | St. Stephen<br>Local: 506-466-4447  |
|  | Lawtons Drugs  | 138 Main Street, #8<br>Sussex<br>Local: 506-432-6789  |
| Lawtons Drugs                                    | 107 Catherwood Street<br>Saint John<br>Local: 506-635-1126   |   |

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|                        | Mobile Medical                                 | Carmel Sullivan<br>2-53 Dolly Drive<br>Saint John<br>Local: 506-657-7325<br>Cell: 506-636-1450<br>Fax: 506-214-0154  |
|                        | Sensitive Directions for Creative Inspirations | Karen Jennings<br>Saint John<br>Local: 506-645-0213<br><a href="mailto:kbryan@sdei.ca">kbryan@sdei.ca</a>  |
|                        | Shoppers Drug Mart                             | 110 Crown Street<br>Saint John<br>Local: 506-636-9610  |
|                        | The Bra Room                                   | 47 Clark Road<br>Rothesay<br>Local: 506-849-0600   |
| FINANCIAL SUPPORT      | Breast Health Program Trust Fund               | Saint John<br>Local: 506-632-5620  |
|                        | Canadian Cancer Society South District         | Saint John<br>Toll free: 1-800-455-9090<br>Local: 506-634-6272<br><a href="mailto:ccsnb@nb.cancer.ca">ccsnb@nb.cancer.ca</a><br><a href="http://www.cancer.ca">www.cancer.ca</a> |
|                        | Charlotte County Cancer Society                | St. Stephen<br>Local: 506-467-9005   |
|                        | Erin Appleby Trust Fund                        | Saint John<br>Local: 506-648-7731  |
|                        | Social Services                                | Saint John<br>Local: 506-648-6636  |
| HOME CARE/HOME SUPPORT | Extra Mural Program                            | Sussex<br>Local: 506-432-3280  |
|                        | Extra Mural Program                            | Kennebaccasis Valley<br>Local: 506-848-4600  |
|                        | Extra Mural Program                            | St-George<br>Local: 506-755-4660   |

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|                       | Extra Mural Program  | Saint John<br>Local: 506-649-2626  |
|                       | Extra Mural Program  | St. Stephen<br>Local: 506-465-4520   |
| NUTRITION             | Dietician, Saint John Regional Hospital Oncology Dept                      | Saint John<br>Local: 506-648-6424  |
| REHABILITATION        | Lymphedema Program<br>St. Joseph Hospital                                  | Saint John<br>Local: 506-632-5510  |
| RESPITE               | Saint John Zone Oncology Social Work Program                               | Saint John<br>Local: 506-648-6828  |
| CANCER SUPPORT GROUPS | Breast & Women's Cancer Wellness Support Group                             | Saint John<br>Local: 506-654-1075  |
|                       | Breast and Women's Cancer Retreat  | Saint John<br>Local: 506-696-7604<br><a href="mailto:lindacsaulnier@gmail.com">lindacsaulnier@gmail.com</a>  |
|                       | Breasts Ahoy   | Saint John<br><a href="mailto:contact@breastsahoy.com">contact@breastsahoy.com</a><br><a href="http://www.breastsahoy.com">www.breastsahoy.com</a> |
|                       | Women's Cancer Support Group   | Brenda Brown<br>Joyce Bean<br>Sussex<br>Local: 506-433-5028<br>506-433-5652  |
| TRANSPORTATION        | Canadian Cancer Society Southern District Office Travel Assistance Program | Carole Martin<br>Saint John<br>Local: 506-634-6277<br>Cell: 506-739-7365   |
|                       | Charlotte County Cancer Society  | St. Stephen<br>Local: 506-467-9005   |

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| WIGS & HEADWEAR | Canadian Cancer Society<br>Free Wigs | 133 Prince William St.<br>Saint John<br>Local: 506-634-6272 |
|                 | Complete Sense Salon & Day<br>Spa    | 5 Moffatt Avenue<br>Sussex<br>Local: 506-432-3602           |
|                 | Hairacy's                            | 19 Pettinghill Rd.<br>Quispamsis<br>Local: 506-847-3536     |